

RRC FITNESS

PERSONAL TRAINING

	Member Price
Individual Training Prices (60 minutes)	
Single one hour session	\$62.00
Package of 6 one hour sessions	\$353.00
Package of 12 one hour sessions	\$670.00
Individual Training Prices (30 minutes)	
Single 30 minute session	\$36.00
Package of 6 30 minute sessions	\$205.00
Package of 12 30 minute sessions	\$389.00
Partner Training Prices (60 minutes)	
	Price Per Person
Partner Training (2 people) Single	\$33.50
Partner Training (2 people) 6 pack	\$191.00
Partner Training (2 people) 12 pack	\$362.00
Partner Training Prices (30 minutes)	
	Price Per Person
Partner Training (2 people) Single	\$18.00
Partner Training (2 people) 6 pack	\$103.00
Partner Training (2 people) 12 pack	\$194.00
Group Training (60 minutes)	
	Price Per person
Group Training (3-6 people) Single	\$25.00
Group Training (3-6 people) 6 pack	\$142.50
Group Training (3-6 people) 12 pack	\$270.00

For appointments or questions about Personal Training please contact:

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