

ADULT CLINIC SCHEDULE FALL '18



STARTING AUGUST 27TH 2018

Day	Time	Title	Level	Main Instructor
Monday	7:00-8:00am	Sunrise Workout	3.5+	Philip
Monday	9:30-11:00am	Doubles Strategy and Play	3.5+	Philip/Karen
Monday	6:30-8:00pm	Advanced Drills	3.5-4.5	Brent/Philip
Tuesday	8:00-9:00am	Workout and Strategy	3.0+	Philip
Tuesday	6:00-7:00pm	Tennis 101	2.0-2.5	Malik/Brent
Tuesday	6:00-7:00pm	Live Ball	3.5+	Davis
Tuesday	7:00-8:00pm	Advanced Beginner	2.5-3.0	Malik
Wednesday	8:00-9:30am	Singles Clinic	3.5+	Brent
Wednesday	9:30-11:00am	Doubles Strategy and Play	3.5 and Below	Brent/Karen
Wednesday	6:30-8:00pm	Advanced Drills	3.5-4.5	Brent/Philip
Thursday	7:00-8:00am	Sunrise Workout	3.5+	Philip/Karen
Thursday	6:00-7:30pm	Doubles Strategy and Play	3.5-4.0	Brent
Thursday	7:00-8:00pm	Live Ball	3.0-3.5	Davis
Friday	7:00-8:00am	Advanced Drills	4.5+	Brent
Friday	11:00-12:30pm	Workout and Strategy	3.0+	Matt
Friday	12:30-1:00pm	Serve and Return	All Levels	Matt
Saturday	7:00am-8:00am	Sunrise Workout	4.0+	Philip
Saturday	9:00-10:00am	Tennis 101	2.0-2.5	Brent
Saturday	10:00-11:30am	Workout and Strategy	3.0+	Brent
Sunday	9:00-11:00am	Rise and Shine Doubles	All Levels	Davis

Doubles Strategy and Play - The last 30 mins of this group is exclusively doubles play/practice, while the first 45 mins is stroke production, with 15 mins of serving each class.

Sunrise/Sunset Workout - High-intensity workout focused on conditioning and stroke production.

Workout and Strategy - Designed for players to improve strategy, tactics, and technique in a fast-paced environment.

Tennis 101 – Create or Enhance your tennis foundation basics to quickly allow you to have fun playing tennis. Whether you are a beginner, just getting back into the game, or looking for the next step from Try Tennis this class is perfect for you!

Try Ph.D. - From Try Tennis to Try Grad, this is your next step. This group is designed to make you a 2.5 and get you ready for your first league competition!

Advanced Beginners - Take the next step to your improve your game! Perfect for the player who wants to reinforce their foundation and improve overall technique. Must be a rated 2.5-3.0 in order to participate in this group.

Singles Clinic - Improve your singles strategy and tactics to take your game to the next level. The class duration has been increased from 60 to 90 mins from prior seasons.

Live Ball – This is a fast paced, high energy court of doubles games. No drilling or feeding with this clinic, only play! Join this group to improve your stamina and doubles play!

Advanced Drills - Fast paced doubles drilling, designed for the bigger hitters.

Rise and Shine Doubles – Pro will pair you on court, based on your abilities and rating. Guaranteed doubles matches on a Sunday morning with breakfast snacks included! And the best part is, it is free of charge! Exclusive to RRC members only!

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2018 Raleigh Racquet Club (RRC) Adult Clinics Registration Form

FALL SESSION (10 WEEKS) AUGUST 27TH – NOVEMBER 4TH (No Classes September 3rd, Labor Day).

Early Registration Rates:

½ hr \$60 (\$78 NM)
1 hr \$120 (\$156 NM)
1.5 hr \$180 (\$234 NM)

Drop-in Rates:

½ hr \$7.50 (\$10 NM)
1 hr \$15 (\$20 NM)
1.5 hr \$21 (\$27 NM)

Full payment must accompany registration form

Charge my: Visa MasterCard American Express Discover RRC Account

C.C. # _____ Exp. _____

Enclosed Clinic Fee(s) \$ _____ (Checks Payable to: Raleigh Racquet Club)

Selected Clinic(s): Session _____ Title _____ Time _____ Day _____

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Selected Clinic(s): Session _____ Title _____ Time _____ Day _____

Name _____ Member# _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-Mail Address _____

Payment membership requirement, enrollment, refund, and make-up policies:

1. Full payment must be included with the registration form.
2. A pro-rated fee will be charged to the player if:
 - The classes fall on or near major holidays
 - The player enrolls after the start of a session and is unable to make up missed sessions
 - The player knows he/she will miss a certain amount of sessions when signing up for the class
3. RRC membership is required for participation, however non-members can try one session of any adult clinic at 30 percent increased price.
4. Fee is non-refundable except as follows:
 - For medical disabilities, a pro-rated refund or credit will be given from the date the refund is requested.
 - A player shall be given a pro-rated refund or credit if a class is canceled after the start of the session.
 - A player who does not meet the skill level requirements will be asked to change to a compatible class or will be issued a pro-rated refund or credit.
 - If any individual class is canceled, the RRC will make every effort to reschedule the class on a date agreeable to all participants. If the class cannot be rescheduled, each player will be given a refund or credit for the canceled class. If a participant cannot attend the rescheduled class, that student shall be given a refund or credit for the class.
 - Only the Director of Tennis may approve lesson refunds, credits, and pro-rated fees.
5. There is a minimum and maximum enrollment for each class.
6. A student is allowed to make-up missed classes. To assure your class make-up, please provide five days advance notice. To request a make-up please contact Brent Bennett at Brent@rrctennis.com. If you schedule a make-up, and need to cancel please contact Brent 24 hours in advance of the scheduled make-up.

Signature _____ Date _____

The Raleigh Racquet Club
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Raleigh, NC 27609
(919)876-0565